

## Ms. Julie C.'s Yoga Scavenger Hunt

## MS. JULIE C.'S YOGA POSE OF THE DAY

L is for LIFE! And LUNCH and LEAPFROG!



Imagine you are going for a swim in the LAKE. What things starting with L do you see? Find a buddy to help practice your L pose. Email us your yoga photos and your favorite lake discoveries at library@townofjaffrey.com for us to post in our Facebook album.