

## Ms. Julie C.'s Yoga Scavenger Hunt

## MS. JULIE C.'S YOGA POSE OF THE DAY

V is for VET! And VOICE and VOLCANIC!



How many things starting with V can you find in your house or yard? Find a buddy to help practice your V pose. Email us your yoga photos and some of your favorite V-word discoveries at library@townofjaffrey.com for us to post in our Facebook album.